



DAWN PATROL PACKING LIST

LOCATION: _____

PRE-TRIP MEETING: _____ @ 6 PM in the Outdoor Rec Office → U-Rec

TRIP: Date of Trip: _____ Meeting Place: Outdoor Rec Office → U-Rec

Meeting Time: _____ Approx. Finish Time: _____

Clothing

- Base Layer Top (“lightweight” synthetic or wool wicking layer)
- Base Layer Bottom (“lightweight” synthetic or wool wicking layer)
- Undergarments (preferably synthetic or wool)
- Soft Shell Jacket **
- Soft Shell Pants **
- Shell Jacket (Waterproof, durable jacket which can fit over your base and mid-layers, the jacket’s hood should fit over your climbing helmet) **
- Shell Pants (Waterproofed, lightweight pants, full or hip length zippers encouraged)**
- Insulation Layer: Down Jacket, Fleece or Wool Sweater **
- 1 Pair of Fleece Gloves /Glove Liners (dexterous and comfortable liners, these do not need to be very insulated)
- Mid-Weight Fleece/Schoeller/Leather Gloves (Ideally comfortable and dexterous with a shell)
- Shell Gloves (waterproof gloves which fit over glove liners)
- Beanie Hat (a thin warm hat to fit under your climbing helmet and over your balaclava)
- Ball Cap (at minimum a hat with a brim over the front of your face)
- 2 Pairs of Socks (some people appreciate thin sock liners underneath a thick wool or synthetic hiking sock)
- Buff
- Glacier Glasses (100% UVA/UVB protection) - aka Sunglasses with good eye coverage (sides included)
- Gaiters (Calf/knee height)

****NO COTTON NO JEANS****

Dawn Patrol Gear

- Snowshoes **
- Skis/Snowboard**
- Boots (Ski / Board**)
- Comfortable Boots (optional): Used with your snowshoes on the way up
- Internal Frame Backpack 40-50L (With Straps to carry board/Skis)**
- 2 Liters of Water
- Headlamp **
- Whistle
- Ski Goggles
- Sunscreen
- Snacks
- Trekking Poles**

**Available to borrow from outdoor rec free of charge upon request.

Online Waiver Instructions

Go to www.whitworth.edu/urec and follow the link that says "Waivers" on the left side of the page in the grey box. Next, click on "Outdoor Recreation Waiver" and you will be prompted to enter your login credentials. Please be sure to fill out the waiver BEFORE the trip.

Questions/Contact

whitworthoutdoorrec@gmail.com

Refund Policy

Cancellations made less than two weeks (14 days) prior to the event are not refundable.

- There is a \$5.00 fee for all cancellations and transfers.