

# CLOTHING:

- 1 Waterproof jacket\*
- 1 Waterproof pants\*
- 1 Pair Outdoor Pants (preferably non-cotton)
- 2 Shirts (preferably non-cotton)
- 1 Insulated Layer (top)
- 1 Pair Climbing Shoes\*\*
- Clothing to sleep in overnight
- Underwear
- Socks
- Low hikers or other outdoor shoes

### OVERNIGHT GEAR:

- Tent\*\*
- Sleeping Pad\*\*
- Sleeping Bag\*\*

### OTHER:

- Daypack to carry lunch & water
- Climbing Harness\*\*
- Belay Device\*\*
- Personal Medications

\*Necessary dependent upon weather conditions.

\*\*Available to borrow from outdoor rec free of charge upon request.

# **OPTIONAL:**

- Water Bladder
- Climbing Tape
- Lip protection
- Sun block
- Personal First Aid Kit
- Sunglasses
- Camera

### FOOD:

- 2L of water
- Trail Snacks

# ACTIVITIES:

We will be climbing single-pitch routes. Sport, trad, and toprope climbing will all be available. Shoes and harnesses will be available upon request prior to the trip.

It may be possible for experienced trad and sport leaders to bring their own gear at the discretion of the trip leaders.



# Questions/Contact

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# **Online Waiver Instructions**

Go here and click on "Outdoor Recreation Waiver". Please be sure to fill out the waiver BEFORE the trip.

#### **Refund Policy**

Cancellations made less than two weeks (14 days) prior to the event are not refundable. There is a \$5.00 fee for all

cancellations and transfers. Should Whitworth Outdoor

Rec cancel a trip or a class, we will issue a credit or full refund. Reasons may include severe weather, road conditions, instructor illness, and participant numbers.